

Article

Extraction of Phytochemicals from Grains of Paradise Using Supercritical Carbon Dioxide

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Abstract. Supercritical carbon dioxide (SCCO₂) is one of the green methods to extract plant matters substances. In this study, SCCO₂ has been applied as a media to extract the grains of paradise seeds substances at temperatures of 40 – 80 °C and pressures of 20 – 40 MPa using a semi-continuous flow-type system. Results of FT-IR spectra analysis showed that the grains of paradise seeds substances were extracted by SCCO₂. The SEM images of the grains of paradise seeds residues also showed that the physical changes of the grains of paradise seeds surface occurred after SCCO₂ extraction. The main compounds in extracts were gingerols, shogaols, and paradols. However, the GC-MS may only identify paradol compounds due to gingerols, shogaols, and paradols are homologous series of phenolic ketones and paradols was more stable than gingerols and shogaols. The yields of gingerols, shogaols, and paradols were 9.12, 3.90, and 4.42 mg/g sample, respectively and affected by extraction temperatures and/or extraction pressures.

Keywords: SCCO₂ extraction, grains of paradise, gingerols, shogaols, paradols.

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1. Introduction

The genus Zingiberaceae contains between 40 and 50 species perennial herbs, native to Africa. As one of Zingiberaceae species, grains of paradise (*Aframomum melegueta* [Rosco] K. Schum.) generally referred to as guinea grains or alligator pepper or melegueta pepper is a perennial herb with short rhizomes from which arise distinct leafy shoots, 1.5 – 2 m. Grains of paradise is native to West Africa, and cultivated in Ghana, Guinea, the Ivory Coast, Nigeria and Sierra Leone [1]. The seeds of grains of paradise, source of melegueta pepper, are used as a spice for flavoring food and have wide range of ethnobotanical uses.

Phenolic compounds are known as the most abundant secondary metabolites of plants. These compounds were a phytochemicals group which have a phenol structure and considered as important determinants in the nutritional and the quality of fruits, vegetables, other plant foods, and food preparations. Phenolic compounds were widely found in the plant world and commonly involved in defense toward ultraviolet radiation or attack by pathogens, parasites, and predators [2]. Hence, these compounds play an important role in plant growth and offer the plants to have excellent properties as food preservatives. Phenolic compounds were also affect to the color and contribute to sensory characteristics of vegetables and fruits [3]. Due to these properties, phenolic compounds become suitable for various industrial applications such as natural colorants and preservatives for foods or in the production of paints, paper, and cosmetics. As one of the spice plants, grains of paradise was also contained of phenolic compounds such as gingerols, shogaols, and paradols [4, 5]. These phenolic compounds have various biological properties especially in anti-inflammatory, anti-oxidant and anti-tumor effects. As one of potent nutraceuticals, 6-gingerol had a variety of pharmacological abilities and has been known to have anti-hyperglycemic, anti-cancer and anti-oxidative properties [6]. 6-shogaol also was known as anti-proliferative, anti-metastatic, and pro-apoptotic activities via suppression of STAT3 gene products in tumor tissues [7]. It effectively decreased survival and affected apoptosis process in human and mouse prostate cancer cells via inhibition of STAT3 and NF- κ B activities. Compared with 6-paradol which found in grains of paradise seeds, 6-shogaol was more effective [8]. 6-shogaol may also prevent the growth of human pancreatic tumors and has a high responsive to gemcitabine by suppressing inflammatory pathways linked to tumorigenesis [9].

In the present work, supercritical carbon dioxide (SCCO₂) was employed as a solvent extraction [10–14] to extract phenolic compounds from grains of paradise seeds. The SCCO₂ extraction technique is very advantageous and environmentally friendly compared with other conventional extraction technique, such as soxhlet extraction technique. Due to its high diffusivity combined with its high solvent strength that can be easily tuned by changing of temperature and/or pressure, SCCO₂ became an attractive extraction medium. At room temperature and ambient pressure, CO₂ has gaseous phase so it can be easily separated and recycled as the solutes dissolved in the SCCO₂ will precipitate upon depressurization. Accordingly, supercritical fluid extraction including SCCO₂ may offer appropriate technique for extraction and fractionation seem to be promising for the food and pharmaceutical industries and to be more efficient extraction fluids than traditional liquid solvents [14].

2. Experimental Section

2.1. Materials

Dried seeds of grains of paradise were obtained from south of Nigeria. Prior to extraction, the seeds were ground with a grinder (IKA, MF–10–B–S1, USA) into certain particle size and passed through fine-mesh sieves (MF–Sieb 0.25 mm, Germany). 6-gingerol (C₁₇H₂₆O₄; 98%) and 6-shogaol (C₁₇H₂₄O₃; 98%) were obtained from Tokiwa Phytochemical Co., Ltd (Tokyo, Japan) and 6-paradol (C₁₇H₂₆O₃) with purity of 98.0 % was purchased from Medchemexpress (MCE) LLC, USA. Ethanol (C₂H₆O; 99.5%) was purchased from Nacalai Tesque (Japan) and acetonitrile (C₂H₃N; HPLC grade) obtained from Wako Pure Chemicals Industries Ltd., Japan. All chemicals were used without further purification. Carbon dioxide (CO₂; 99%) was supplied by Sogo Kariya Sanso, Inc. Japan.

2.2. Experimental Setup and Procedure

Figure 1 showed the schematic diagram of SCCO₂ extraction apparatus which used in these experiments. The apparatus includes a high-pressure pump for CO₂ (PU-2086; Jasco, Japan), a heating chamber (WFO-400; EYELA, Tokyo, Japan), a 10 mL extraction cell (Thar Technologies, Inc., PA, USA) and back pressure regulator (AKICO, Tokyo, Japan). In this work, the extraction of 6-gingerol, 6-shogaol, and 6-paradol from grains of paradise seeds by SCCO₂ was carried at temperatures of 40 – 80 °C and pressures of 20 – 40 MPa using a semi-continuous flow-type system with CO₂ flow rate of 3 mL min⁻¹. 1.0 g of dried grains of paradise seeds were placed into the extractor, the glass beads were also filled at the bottom and top of the extractor in each experiment. The extractor was put in the heating chamber to keep the operating temperature. The extraction process can be explained briefly as follow. The dried grains of paradise seeds were filled into the extractor and put in the chamber. After the temperature at chamber heater achieved to the desired temperature, CO₂ from a cylinder was firstly liquefied and then pumped into the extractor. In all experiments, the extraction products which trapped in 10 ml ethanol were collected for 180 min, weighed and directly stored in the refrigerator at 5 °C. The bottles used for the collection of extracts were wrapped in aluminum foil. These processes were done until analysis.

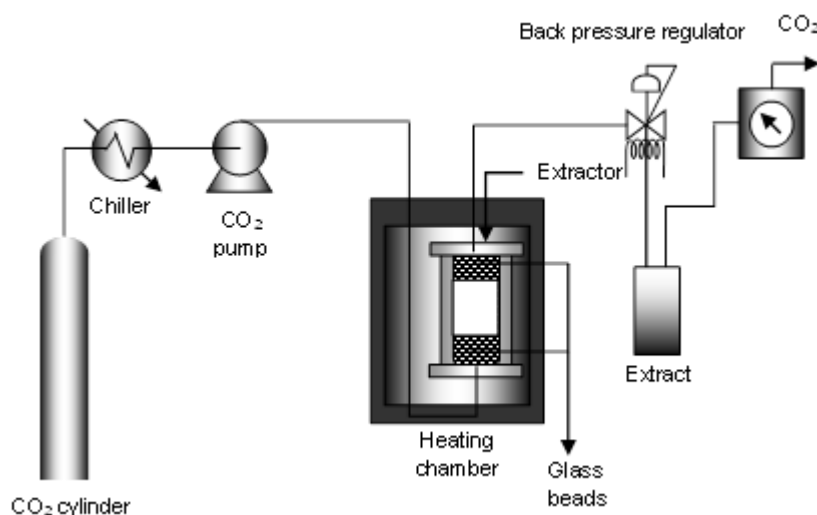


Fig. 1. Schematic diagram of SCCO₂ extraction system.

2.3. Analytical Methods

Extracted polyphenolic compounds in the extracts were identified by GC-MS (HP model 6890 series GC system and 5973 mass selective detector) with a HP-5 MS capillary column (J&W Scientific, length 30 m, i.d. 0.32 mm, film thickness 0.25 μm). The temperature program was 1.0 min at 45 °C, 5 °C/min to 270 °C, and 10 min at 270 °C. Helium carrier gas was used at a flow rate of 1.5 mL/min. The NIST (National Institute of Standards and Technology) library of mass spectroscopy was used for identification of the compounds. Quantitatively, extracted polyphenolic compounds in the extracts were analyzed by HPLC LC-10AD equipped with Diode Array Detector SPD-M10A (Shimadzu, Japan). 10 μl of extract dissolved in ethanol was injected by SIL-10AF auto-sampler (Shimadzu, Japan) and separated with a STR ODS II column (5 μm; 4.6 x 250 mm; Shinwa Chemical Industries, Ltd., Japan) at room temperature. Elution was obtained by using the following gradient steps of solvents A (water) and B (acetonitrile): 0–25 min, 90% B; 25–30 min, 100% B; 30–40 min, 30% B at a flow rate of 1 ml/min. All analyses were carried out under isothermal conditions at 40 °C. 6-gingerol, 6-shogaol, and 6-paradol were detected at wavelength of 280, 280, and 220 nm, respectively. Solid residues collected at each operating temperature were dried overnight in the oven at 60 °C. Then, they were characterized by using a Spectrum Two FT-IR spectrophotometer (Perkin-Elmer Ltd., England), in order to determine their structure following SCCO₂ treatment. Spectra were measured in attenuated total reflectance (ATR) mode (golden single reflection ATR system, P/N 10500 series, Specac) at 4 cm⁻¹ resolution. The scanning wave number ranged from 4000 to 400 cm⁻¹. The

morphologies of the grains of paradise seeds before and after treatment by SCCO₂ were also observed by using a scanning electron microscope (SEM; JEOL JSM-6390LV).

3. Results and Discussion

In order to understand the change of grains of paradise seeds functional groups during extraction process, the grains of paradise seeds before and after SCCO₂ extraction process were subjected into an infrared spectrometer. Here, the grains of paradise seeds that remained after SCCO₂ treatment is referred to as solid residue; the solid residue at each extraction condition was then characterized by infrared spectroscopy in the wavenumber region of 4000 – 400 cm⁻¹. Figures 2 and 3 showed the spectral features of grains of paradise seeds and its solid residue after treatment by SCCO₂ at various extraction conditions. Similar to other plant biomass, the chemical compositions of grains of paradise seeds are fairly similar although with different magnitudes of components. The major components of them are cellulose, hemicellulose and lignin. Therefore, the same spectral characteristics of grains of paradise seeds and their solid residues were found. These spectral characteristics also showed that the SCCO₂ extraction treatment on the grains of paradise seeds does not change the distribution of their functional groups. However, since the removing or reducing grains of paradise seeds components occurred during extraction process, the different peak intensities of them could be found obviously. It indicated that SCCO₂ may extract the chemical compounds from grains of paradise seeds [14–17].

Extraction, in principle, could be expressed as the removal of soluble substances from an insoluble materials, either liquid or solid, by treatment with a liquid solvent. The process might happen when the solvent is flowed in the plants matter at high pressures and/or high temperatures. So, the extraction process will also occur when the carbon dioxide was flowed into the plant materials at high temperatures and/or high pressures due to the change of solvent power that can have a strong influence on extraction process [14, 18, 19]. Figure 2 showed the FT-IR spectra of grains of paradise seeds and their solid residues after treatment by SCCO₂ when the extraction processes were conducted at various extraction pressures with a constant temperature. This figure clearly revealed that the compositional changes in the each sample (grains of paradise seeds and their solid residues) after applied SCCO₂ extraction. The intensities of several functional groups in the grains of paradise seeds decreased after treatment by SCCO₂. Table 1 showed the typical functional groups and the infrared signal with the possible compounds [20, 21]. The intensity of the broad band located at 3305 cm⁻¹ which was attributed to O-H stretching of hydrogen-bonded hydroxyl groups and the band at 2925 cm⁻¹ was representative of C-H stretching became decline and narrow after applied SCCO₂ extraction. This indicated that they have been removed during the application of SCCO₂ extraction treatment on the grains of paradise seeds. The same phenomenon was also found in other functional groups. As shown in the Fig. 2, the intensities of them decreased obviously after treatment by SCCO₂. It is well known that the extraction temperature and/or pressure are two most important parameters in the SCCO₂ due to it was the major determinants of solvent power that could have a strong effect on effectivity of extraction process. Herrero *et al.* 2010 [22] informed that an increase in extraction temperature at constant extraction pressure leads to a decrease in the density of the SCCO₂ and thus its solvation capacity, nevertheless, an increase in extraction temperature was followed by an increase in vapour pressure of solutes, resulting in a high solubility in the SCCO₂. As a result, the grains of paradise seeds components were extracted easily by SCCO₂ at a higher extraction temperature.

Similar to extraction temperature, extraction pressure is also a dominant parameter in the SCCO₂ extraction system. An increase in extraction pressure at a constant extraction temperature promotes to increasing the density of SCCO₂; at the same time, the diffusion coefficient of SCCO₂ decreased. A decrease in the SCCO₂ diffusion coefficient leads to a lower ability of the CO₂ to penetrate the grains of paradise seeds causing a decrease in the extraction efficiency. However, an increase in the density of the SCCO₂ extraction system leads to an increase of its solvating power, thus the enhancement of the extraction efficiency might be occurred. As shown in the Fig. 3, the intensities of functional groups in the grains of paradise seeds also decreased after treatment by SCCO₂ at a constant extraction temperature with the elevating extraction pressures [22]. Judging from these results, it could be said that the changing of extraction temperature and/or pressure could give a strong influence on SCCO₂ extraction system.

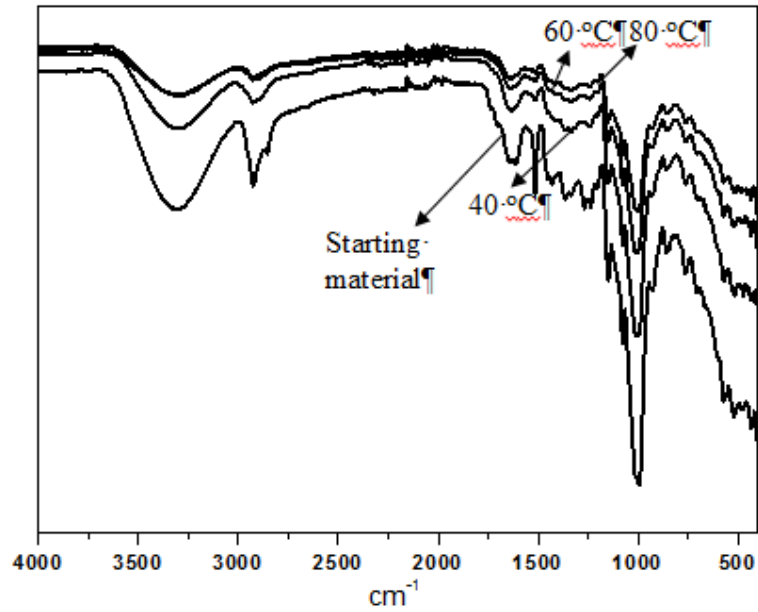


Fig. 2. FT-IR spectrum of grains of paradise before and after treatment by SCCO₂ at pressure of 30 MPa.

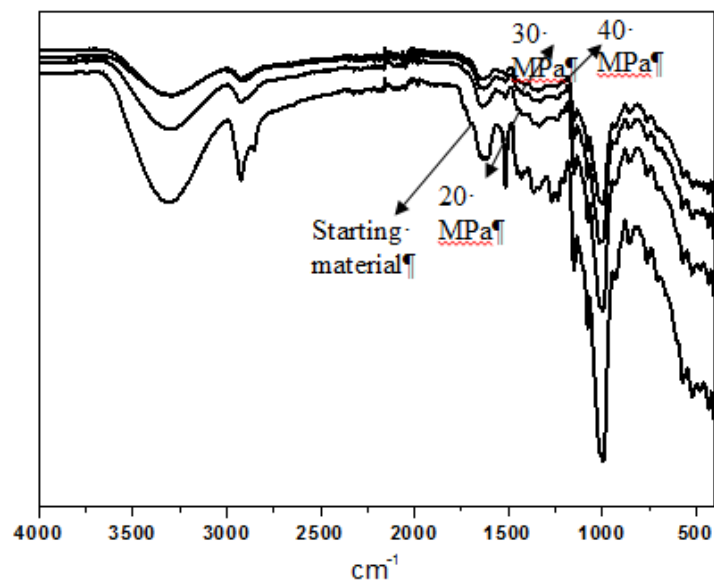


Fig. 3. FT-IR spectrum of grains of paradise before and after treatment by SCCO₂ at temperature of 40°C.

Table 1. Wave number assignments of FTIR spectra.

Wave number [cm ⁻¹]	Functional groups	Compounds
3305	O-H stretching	Acid, methanol
2925	C-H _n stretching	Alkyl, aliphatic, aromatic
1515	C = O stretching	Ketone and carbonyl
1613	C = C stretching	Aromatic skeletal mode
1515	C = O stretching	Ketone and carbonyl
1149	C-O-C stretching vibration	Pyranose ring skeletal
1076	C-O stretching and C-O deformation	C-OH (ethanol)
995	C-N stretching	aliphatic amine

Generally, in extraction process of plant biomass components including SCCO₂ extraction process, the extracted components from the plant biomass matrix could be used as a critical indicator to evaluate an extraction method. This is because of the extracted components allows to represent the components obtained from plant biomass matrix by the particular extraction method. In order to understand the chemical compounds in the extract from grains of paradise seeds by SCCO₂ extraction process, the extract was identified by using GC–MS. Next, the identified components of the main peaks in the GC–MS spectra were carried out by using a NIST mass spectral database. Figure 4 showed the a GC–MS chromatogram of the compound obtained from grains of paradise seeds when the SCCO₂ extraction process was conducted at temperature of 40 °C and pressure of 20 MPa with 15 min extraction time. The list of identified chemical compounds was showed in Table 2. The GC–MS allows to trace a number of small features indicating the presence of lower and higher molecular weight products that varied as a function of temperature. The identities of compounds determined via a match of mass spectra in the GC–MS computer library are reliable. As shown in Fig. 4, the compounds such as caryophyllene, α -caryophyllene, β -chamigrene, *p*-ethylguaiaicol, and [0]-paradol were detected clearly. However, gingerol and shogaol as major compounds in grains of paradise seeds [23] were not detected due to the prolonged GC–MS analysis at high temperatures. Fernandez *et al.* 2006 [24] reported that due to thermal instability of gingerol and its derived compounds, these compounds were very rarely detected by GC–MS. The degradation of them might be occurred at the instrument injector port of GC–MS. Sonale and Kadimi 2014 [17] informed that shogaols and paradols were acquired from gingerols during thermal processing, thus they were not found in the fresh of Zingiberaceae species. Shogaols were gingerol analogues with a 4, 5 double bond, generating from elimination of 5-hydroxy groups; and the hydrogenation of shogaol may produce paradol compounds. They also informed that gingerols, shogaols, and paradols which found in the species of Zingiberaceae were homologous series of phenolic ketones and paradols was more stable than gingerols and shogaols. Hence, only paradol compounds were identified by GC–MS.

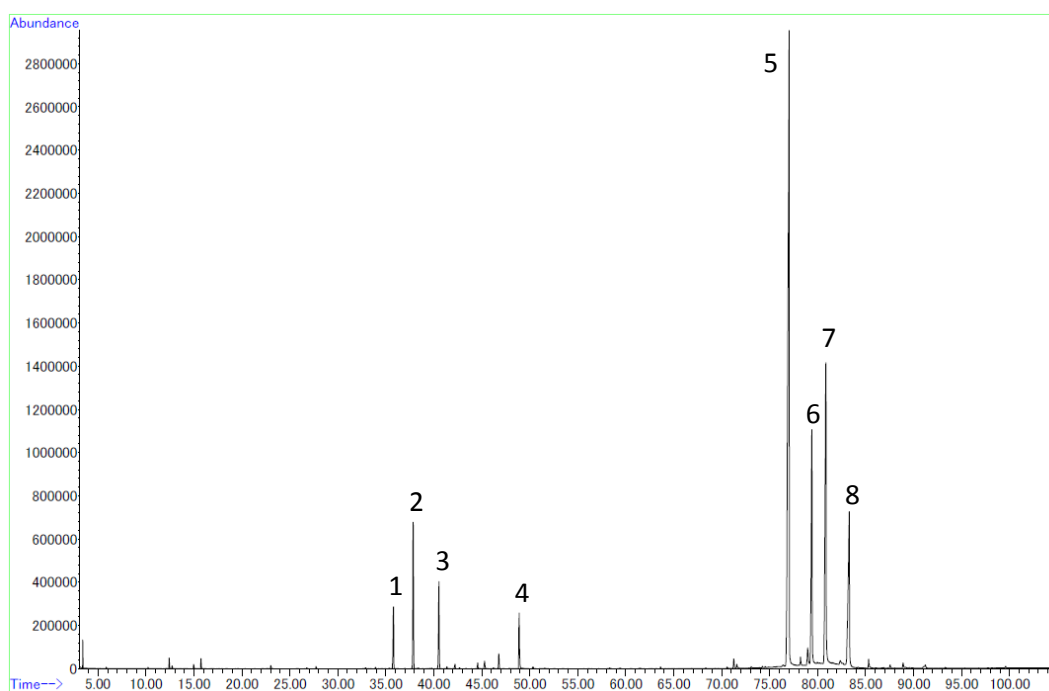


Fig. 4. A typical of GC-MS chromatogram of the grains of paradise extract.

Table 2. Identified chemical compounds of the grains of paradise extract.

No	Retention time [min]	Compound name	Molecular weight	Characteristic ions [m/z]
1	35.79	Caryophyllene	204.35	204.0, 133.1, 93.1
2	37.86	α -Caryophyllene	204.35	204.2, 121.1, 93.1
3	40.53	β -Chamigrene	204.35	204.2, 189.1, 93.1
4	48.90	Unknown	-	-
5	76.40	[0]-Paradol	194.23	194.0, 137.1, 179.1
6	79.40	[0]-Paradol	194.23	194.0, 137.1, 205.1
7	80.86	<i>p</i> -Ethylguaicol	152.19	152.0, 180.0, 292.2
8	83.30	[0]-Paradol	194.23	194.0, 137.1, 294.2

In order to quantify the amount of gingerol (6-gingerol), shogaol (6-shogaol), and paradol (6-paradol) in the extracts, they were analyzed by high-performance liquid chromatography (HPLC). Figure 5 showed the HPLC chromatograms of extract grains of paradise seeds by SCCO₂ when the extraction was conducted at temperature of 80 °C and pressure of 20 MPa. There are many grains of paradise seeds components could be extracted from grains of paradise seeds sample. However, in this work, gingerol, shogaol, and paradol were subjected as target compounds and would be determined quantitatively. Gingerol, shogaol, and paradol in the extracts which trapped in 10 ml of ethanol were filtered using a disposable filter of 0.45 μ m pore size prior to HPLC analysis. Then, they were directly injected into HPLC equipment. Initially, the pure compound of gingerol or shogaol or paradol diluted in ethanol as a standard was injected in the HPLC system to make calibration curve in 5 point. Next, the amount of each standard leaving the HPLC column will assign the intensity of the signal generated in the detector. By comparing the time it takes for the peak to show up (the retention time) with the retention times for the standard, the amount of gingerol or shogaol or paradol in the extract can be quantified. This analysis can be performed with good precision; therefore, other methods analysis was not carried out.

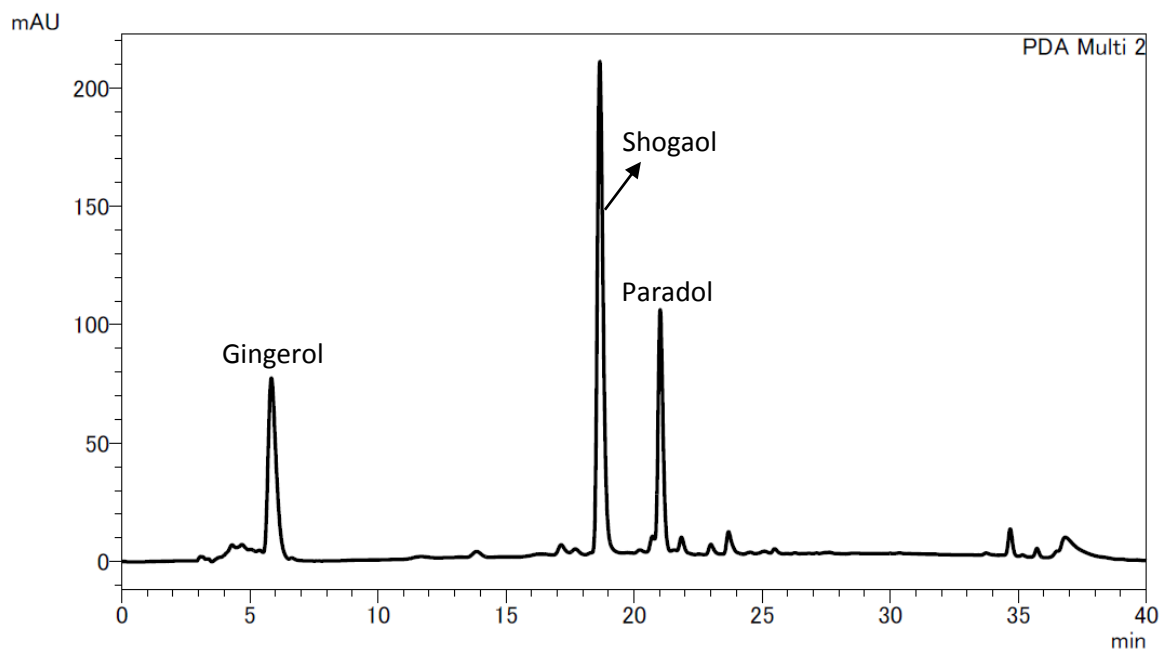


Fig. 5. HPLC chromatogram of extracted compounds.

Figure 6 showed the amount of extracts from grains of paradise seeds at various extraction conditions. Obviously, the yields of gingerol, shogaol and paradol differ at different conditions. Figure 6(a) shows the

influences of extraction pressures on the yields of gingerol, shogaol and paradol at temperature of 80 °C. The yields of them increased clearly with increasing extraction pressures. At 20 MPa, the yields of gingerol, shogaol and paradol are 1.66, 1.07, and 1.39 mg/g sample, respectively. They increase significantly to 8.12, 3.74, and 3.93 mg/g sample when the extraction pressure is increased to 30 MPa. These results might be related to the density of CO₂ that affect to solubility and dissolution capacity of SCCO₂, where, increasing of CO₂ density allows the increasing of extract yields [25–27]. The density of CO₂ was 0.59 g/cm³ at 80 °C and 20 MPa, then it increased to 0.75 g/cm³ at 30 MPa with the same temperature. It was clearly that the density of CO₂ can be significantly increased by increasing pressure at a constant temperature lead to an increase in the dissolving capacity of SCCO₂ and gives in a beneficial effect on the extraction process. Shi *et al.* 2009 [26] studied the effects of pressure and temperature on the solubility of lycopene in SCCO₂ media. They concluded that increasing the CO₂ density at a constant temperature showed a distinct increase in solubility. However, a higher solvation power at higher pressure of SCCO₂ (40 MPa) may be associated with lower selectivity [25, 28].

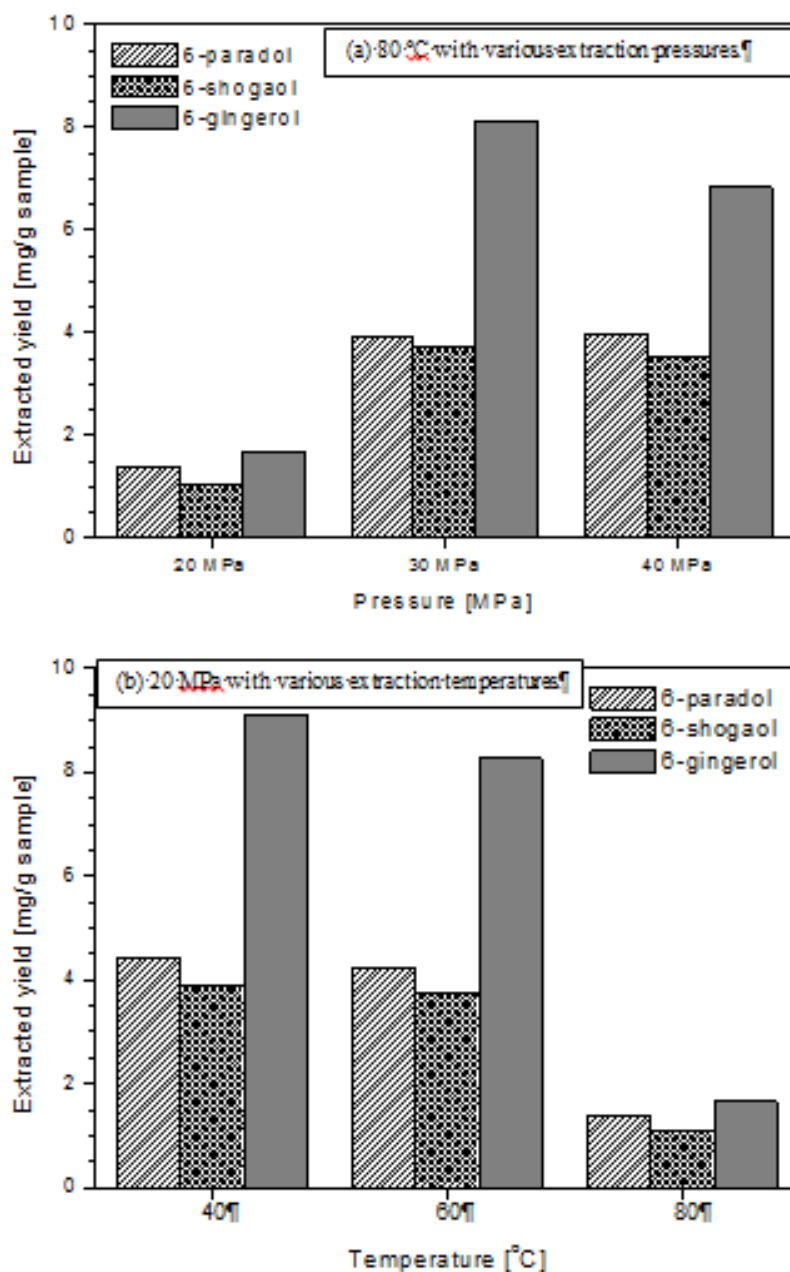


Fig. 6. Yields of gingerol, shogaol, and paradol at various extraction conditions.

At higher densities, the SCCO₂ is able to contact more surface area, thus resulting more grains of paradise seeds substances to dissolve and be extracted. Consequently, the yields of gingerol, shogaol and paradol seem constant or slightly decrease when the density of CO₂ increases to 0.82 g/cm³. They are 6.84, 3.53, and 3.97 mg/g sample, respectively. Peterson *et al.* 2006 [28] investigated the supercritical fluid extraction of geranium essential oil from geranium using SCCO₂ media at temperatures of 40 – 70 °C and pressures of 10 – 30 MPa. They informed that the decreasing extraction yield with increasing pressure is explained in terms of competition between solvent density and solute vapor pressure. At these conditions the change in solvent density becomes smaller and the change in solute vapor pressure becomes more effective and can easily overcome the effect of solvent density change on the extraction yield.

Despite, the density has high effect on the solvent power of SCCO₂ media, the ability of SCCO₂ solvent extracting also increases with density increase at a certain temperature, or increases with temperature elevate at a certain density [25]. Reverchon and De Marco 2006 [25] explained that extraction pressure is the most important parameter that affects the selectivity and solvent power of SCCO₂ extraction media which in turn determine the yield of the target substance. However, they also reported that extraction temperature is also the key parameter in the SCCO₂ extraction of substances from various matrices. Figure 6(b) shows the effects of extraction temperatures on the yields of gingerol, shogaol and paradol at pressure of 20 MPa. They decreased clearly with increasing extraction temperatures. At 40 °C, the yields of gingerol, shogaol and paradol are 9.12, 3.90, and 4.42 mg/g sample, respectively. At 80 °C, they decreased significantly to 1.66, 1.07, and 1.39 mg/g sample, respectively. Again, these results also might be attributed to the density of CO₂ as an extraction solvent, where, increasing extraction temperatures at the same extraction pressure follow by decreasing of CO₂ density. Consequently, the ability of SCCO₂ to extract substances from grains of paradise seeds decreases. Similar results were also reported by Machmudah *et al.* 2012 [29]. They studied the effect of SCCO₂ extraction temperature on the β-carotene recovery extracted from tomato peel by-product. The results showed that β-carotene recovery decreased with increasing extraction temperature at a constant pressure. Ghoreishi *et al.* 2012 [30] informed that the effect of extraction temperature in SCCO₂ extraction system is more complex due to the competition of two variables, solvent density and vapor pressure. The decrease in solvent density may reduce the solute solubility, while the vapor pressure of the solute elevates with temperature, causing an increase in solubility. The dominant effects of them affected by the system that used as an extraction process. In this study, the effect of CO₂ density seems to have a high effect on the extraction yield.

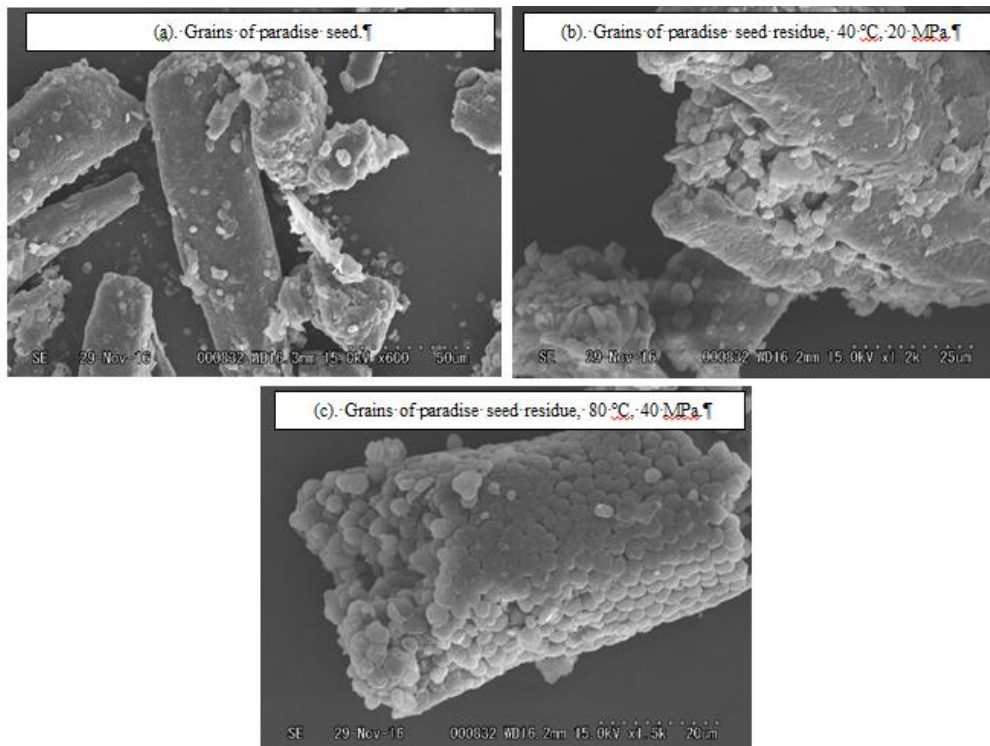


Fig. 7. SEM micrographs of grains of paradise seeds before and after treatment by SCCO₂.

When a plant matrix is placed in the organic solvent, a static film of solvent surrounding the plant cell would be generated as a result of the interactions between solvent molecules and the plant matrix cell wall substances [31]. Next, the organic solvent diffuses via the cell membrane into the plant matrix cell to form the complexes of organic solvent-plant matrix substances. As a result, the plant matrix substances might be extracted from the plant matrix cell and remain dissolved in the organic solvent. Similar phenomenon may occur when SCCO₂ was contacted with grains of paradise seeds. Here, SCCO₂ was flowed via high pressure pump into the extractor from the bottom and passes upwards through the grains of paradise seeds packed bed. At these conditions, SCCO₂ rapidly diffuses into the grains of paradise cell and then SCCO₂ may dissolve grains of paradise seeds substances via the formation of grains of paradise seeds substance-CO₂ complexes through van der Waals interactions [31]. Due to this interaction, when the SCCO₂ leaves the grains of paradise seeds packed bed, the grains of paradise seeds substances might be also left this packed bed simultaneously. In the next process, when the extraction pressure was reduced until CO₂ returns to the gaseous state, the grains of paradise seeds substances extract may be collected and dissolved in ethanol as a trapped solvent in the sample collection. To investigate the effect of SCCO₂ that penetrates in grains of paradise seeds, the grains of paradise seeds residues were characterized by SEM. Figure 7 shows the representative SEM micrographs of grains of paradise seeds before and after SCCO₂ extraction treatment. Clearly, the different of surface structures of the grains of paradise seeds before and after SCCO₂ extraction treatment were found. Before SCCO₂ extraction treatment, the surface morphology of grains of paradise seeds seem covered by the membrane-like structure. Therefore, they were smooth and tight with some boundary edges clearly. They did not exhibit the presence of any pores or surface cracks. After treatment by SCCO₂ extraction, the physical structures disruption of the grains of paradise seeds were found and clearly observed at each condition. Apparently, SCCO₂ may rupture the physical structural barriers of the grains of paradise seeds and remove their components. The increasing pressure and temperature (Fig. 7(c)) seem to an increase of CO₂ diffusivity into the grains of paradise seeds and allow a more powerful swelling action to remove the substances in grains of paradise seeds [21]. Sovova 1994 [32] reported that SCCO₂ has ability to rupture cells or the outer surface of matrix to access the solute substances. In detail, the SCCO₂ extraction mechanism can be divided into three steps controlled by different mass transfer mechanisms [33]. They are a constant extraction rate period, a falling extraction rate period, and the diffusion controlled rate period. These steps were also initiated by the easily accessible covering solute on the external surface of the matrix. Judging these SEM micrographs, it could be said that the physical changes of the grains of paradise seeds surface happened after SCCO₂ extraction treatment.

4. Conclusions

SCCO₂ has been used as a medium for gingerol, shogaol, and paradol extraction grains of paradise seeds at temperatures of 40 – 80 °C and pressures of 20 – 40 MPa using a semi-continuous flow-type system. Due to the combination between high diffusivity and high solvent strength of SCCO₂ that can be easily adjusted by changing of temperature and/or pressure, SCCO₂ became an attractive extraction medium. FT-IR spectra indicated that SCCO₂ can extract the grains of paradise seeds substances. The SEM micrographs also showed that the physical changes of the grains of paradise seeds surface occurred after SCCO₂ extraction. The main compounds in extracts were gingerols, shogaols, and paradols. Since these compounds are homologous series of phenolic ketones and paradols was more stable than gingerols and shogaols, the GC-MS may only detect paradol compounds. The yields of gingerols, shogaols, and paradols were affected by extraction temperatures and/or extraction pressures.

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